

NAIT *Stream* 2.0

Narcolepsy Beyond Sleep: Diagnosis and Comorbidities

★ 16 Nov 2026

★ 23 Nov 2026

★ 1 Dec 2026

★ 10 Dec 2026

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Scientific program



15.00-16.00

Cataplexy in adults: video assessment and differential diagnosis

Fabio Pizza



15.00-16.00

Cataplexy across the lifespan: the childhood phenotype

Giuseppe Plazzi



15.00-16.00

Endocrinological features in childhood narcolepsy

Federico Baronio



15.00-16.00

Cataplexy video assessment: perspectives

Vittorio Cuculo



15.00-16.00

Cardiometabolic aspects in narcolepsy

Alessandro Silvani

Scientific Coordinators:

Fabio Pizza

Associate Professor, Department of Biomedical and Neuromotor Sciences, University of Bologna; IRCCS Institute of Neurological Sciences of Bologna.

Giuseppe Plazzi

Full Professor, Child Neuropsychiatry, University of Modena and Reggio Emilia; IRCCS Institute of Neurological Sciences of Bologna.

Faculty:

Federico Baronio

IRCCS AOUBO Policlinico di S.Orsola, Bologna

Vittorio Cuculo

Università di Modena e Reggio Emilia

Fabio Pizza

Università di Bologna

Giuseppe Plazzi

Università di Modena e Reggio Emilia

Alessandro Silvani

Università di Bologna

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Narcolepsy is a complex neurological disorder characterized by phenotypic heterogeneity and significant systemic and psychiatric comorbidities.

Accurate recognition of cataplexy, including through video-assessment tools, is crucial for early diagnosis and appropriate differential diagnosis across the lifespan.

At the same time, cardiometabolic and endocrine alterations, together with psychiatric comorbidities, substantially contribute to disease burden and disability.

An integrated, multidisciplinary approach—encompassing clinical, regulatory, and care-related aspects—is therefore essential to optimize the management of patients with narcolepsy in both pediatric and adult populations

Register Now!



Online registration is required to participate in the event.

Click on **REGISTER** or scan the QR code to customize your registration: you may register for all scheduled events or choose the ones you are interested in.

Registration is available until all places have been filled.

For information and support, please contact us at the following email address: i.pettinicchio@doc-congress.com or by phone at +39 342 7806109.

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To obtain them, participants must:

- Complete the learning assessment questionnaire, which will be sent by email at the end of each individual webinar, together with the event evaluation, faculty evaluation and personal data forms.
- Attend 90% of the online scientific sessions and answer at least 75% of the ECM questionnaire questions correctly.

Attendance, as required by regulations, will be recorded on each day by calculating the connection time.

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- The certificate of attendance at the end of each individual appointment, provided that the attendance requirement set by regulations has been met.

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PHYSICIANS (Cardiology, Geriatrics, Endocrinology, Respiratory Diseases, General Medicine, Internal Medicine, Clinical Neurophysiology, Neurology, Child Neuropsychiatry, Neuroradiology, Otolaryngology, Pediatrics, Pediatrics (Primary Care Pediatricians), Psychiatry, Psychotherapy.), **PHARMACISTS, NURSES, PEDIATRIC NURSES, DENTISTS, PSYCHOLOGISTS, CLINICAL NEUROPHYSIOLOGY TECHNICIANS, DEVELOPMENTAL NEURO AND PSYCHOMOTOR THERAPISTS.**

Educational objective: Technical and professional contents (knowledge and skills) specific to each profession, specialization and highly specialized activity.

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